Key Self-directed Support Resources

A handy guide to Self-directed Support information compiled by Knowledge Services at NHS Education for Scotland. These resources and more can be found on the Care Inspectorate Hub – SDS library section.

SDS Resources for Supported People and their Carers

1

Self Directed Support Scotland
the organisation of choice

What does SDS mean for individuals?

How does Self-directed Support work?

What are the values and principles that underline how Self-directed Support should work in the law?

Three videos from Self-directed Support Scotland which clearly explain SDS in 3 minutes! Includes BSL and subtitles.

2

A guide to the Social Care (Self-directed Support) (Scotland) Act 2013

Easy Read version

The Scottish Government has made a new law about self-directed support. This guide tells you about the new law.

Guide to the Social Care (Self-directed Support) Scotland Act 2013

An easy read guide from the Scottish Government to the Self-directed Support Legislation introduced in 2014.

3

Self Directed Support:
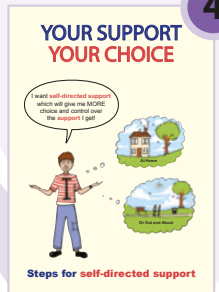my support, my choice: your guide to social care

My Support, My Choice Your Guide to Social Care

A Scottish Government guide to getting social care support, including details of the 4 options of SDS, what to do if things go wrong and a jargon buster.

4

YOUR SUPPORT YOUR CHOICE

I want self-directed support which will give me MORE choice and control over the support I get!

Steps for self-directed support

Your Support, Your Choice

An illustrated, easy-read guide with jargon buster explaining the basics of Self-directed Support produced by Dundee Carers Centre.

5

How can an Advocate help me with Self-directed Support?

Information leaflet from the Scottish Independent Advocacy Alliance which explains what an advocate is and how an advocate can support a person to access SDS.

SDS Resources for the Workforce

1 **Self-directed Support Practitioner Guidance**

Scottish Government guidance on SDS implementation which includes information on eligibility, the assessment process, support planning and managing risk.

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2

- **Awareness raising**
- **Legal issues**
- **Children and families**
- **Use of direct payments to employ family members**

A series of four training modules created for social work teams in 2014. Includes facilitator notes, training slides and case study activities. May need updating and material changed for local areas but excellent starting point for basic practitioner training.

3

Self-Directed Support

A quick guide for practitioners

Self-directed Support – A Quick Guide for Practitioners

A guide developed by Social Work Scotland to provide staff with a quick reference point to the key principles and duties that should guide Self-directed Support practice.

The Open University
50 YEARS
SCOTLAND

4

Foundations for Self-directed Support in Scotland

A free OpenLearn course developed by the Open University. The course explains the origins of the SDS legislation, the principles it is based on, and its potential to enable citizens to become active participants in designing, selecting and using care and support services. Takes approximately 50 hours to complete. Caution needed as some parts of the course may require updating.

SDS Resources for the Workforce

5

Introduction to Self-directed Support (SDS)

An interactive e-learning resource which explains the basics of Self-directed Support and the 4 options. Uses a supermarket theme and introduces fictional characters Jim and Alice and allows the user to select support which best meets their outcomes. Takes approximately 15 minutes to complete.

Why is it Important to have Better Conversations?

An interactive e-learning resource focusing on fictional character, Jessica and how conversations that take place with her social care assessor may lead to better outcomes for her. Takes approximately 30 minutes to complete.

6

7

My Life, My Way Learning Tool – Good Conversations

An e-learning tool to support practitioners to have good conversations around what is important to the individual requiring care support. Includes videos and facilitator notes.
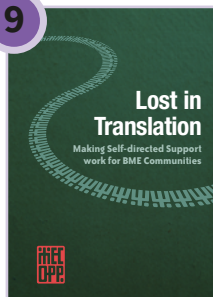
Guidelines for Assessing Adults with Autism for Self-directed Support (SDS)

Guidance for health and social care staff involved in the assessment and care planning with autistic adults.

8

9

Lost in Translation, Making Self-directed Support work for BME Communities.

A toolkit to help practitioners supporting people from BME (Black and Minority Ethnic) communities. The exercises in the toolkit have been developed to increase knowledge of the specific issues affecting BME carers and supported people.

1

Awareness Raising Training

A learning module for frontline staff to gain a better understanding of the Social Care (Self-directed Support) (Scotland) Act 2013. Includes Powerpoint slides, facilitator notes and quiz handouts.

2

CIPFA (Chartered Institute of Public Finance and Accountancy) Training
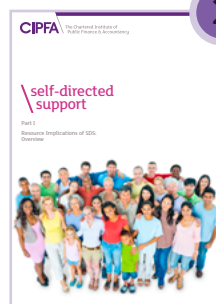
- Self-directed Support Part 1: Resource implications of SDS: Overview
- Self-directed Support Part 2: Resource implications of SDS: Management Considerations
- Self-directed Support Part 3: Self-evaluation Tool for Financial Managers

Three guidance documents commissioned by the Scottish Government to assist Local Authorities in Scotland with the financial management implications arising from SDS implementation. The guidance is primarily intended for use by any staff with responsibility for the financial management of SDS.

3

Self-directed Support and Procurement Best Practice: Key Points and Myth Busting

This paper sets out how procurement law relates to Self-directed Support and how Local Authorities are required to construct procurement processes which allow for flexibility.
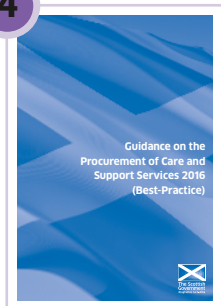
4

Guidance on the Procurement of Care and Support Services 2016 (Best-Practice)

The Scottish Government

Guidance on the Procurement of Care and Support Service 2016 (Best-Practice)

Best practice guidance for procuring care and/or support services from external suppliers. It is relevant to all staff involved in the procurement of these services including senior managers, commissioning and contracts officers, care managers, legal officers and finance officers.

5

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Self-directed Support Self-Evaluation Tool – How well are we doing?

A self-evaluation tool developed by Social Work Scotland which provides a framework to measure how well an organisation is embedding Self-directed Support into practice.

Other Key SDS Resources

Social Care (Self-directed Support) (Scotland) Act 2013 - Statutory Guidance

This document contains Statutory Guidance on social care assessment and associated process. The guidance covers adults, children, young carers and adult carers.

1

Statutory guidance
to accompany the
Social Care (Self-directed
Support) (Scotland) Act 2013

2

2010-2020
Self-directed
Support Strategy
Implementation Plan
2016-2018

COSLA

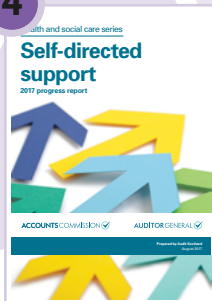## Self-directed Support Strategy National Implementation Plan 2016-18

The Implementation Plan renews the vision for Self-directed Support and sets out actions to address current challenges.

3

Transforming Scotland's Social Care: Scotland's Progress Towards Implementing Self-directed Support 2011-18

Transforming
social care:
Scotland's progress towards
implementing self-directed
support 2011-2018

COSLA

4

health and social care series
Self-directed support
2017 progress report

ACCOUNTS COMMISSION   AUDITOR GENERAL

Prepared by Audit Scotland

Self-directed Support : 2017 Progress Report

A report prepared by Audit Scotland on the progress of Local Authorities to implement SDS.

Self-directed Support Websites

1 Self Directed Support
My Support My Choice

selfdirectedsupportscotland.org.uk

The Scottish Government's SDS website for people who use social care services and health and social care professionals.

2 Self Directed Support Scotland
the organisation of choice

sdsscotland.org.uk

A membership organisation run by and for disabled people to ensure that SDS is implemented successfully so that people have full choice and control over their lives.

3 p&p
Providers & Personalisation

ccpscotland.org/pp/

Providers and Personalisation is a Scottish Government funded policy and practice change programme supporting voluntary sector support providers to implement SDS.

All resources in this booklet collated by NHS Education for Scotland, (NES) Knowledge Services in 2018. NES was commissioned by the Scottish Government SDS Policy Team to identify SDS tools and resources created with SG funding, in particular Support in the Right Direction (Sird) and Innovation funded projects from 2010 – 2018. The resources featured in this booklet have been created during this period.

Scottish Government
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