



Planning a Better Future Together

Perth and Kinross Health and Social Care Partnership are now looking to the future and commencing its planning on how health and social care will be provided over the next 3 years.

Population

Perth and Kinross have a higher proportion of people over 65 than the Scottish average

19.6%

Scotland

24.1%

Perth and
Kinross

People are also living longer in Perth and Kinross (average life expectancy)



Women

83.3 North
85 South
82.2 Perth City
82.9 Perth and Kinross
81 Scotland



Men

79.7 North
80.6 South
77.4 Perth City
79 Perth and Kinross
76.8 Scotland

Population

19.6%

Scotland

Perth and Kinross have a higher proportion of people over 65 than the Scottish average

24.1%

Perth and Kinross

People are also living longer in Perth and Kinross (average life expectancy)



Women

82.2

Perth City

82.9

Perth and Kinross

81

Scotland



Men

77.4

Perth City

79

Perth and Kinross

76.8

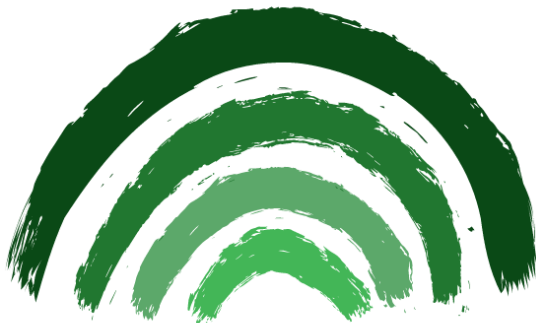
Scotland

Population



The life expectancy of people with learning disabilities is increasing, however it remains shorter by some 20 years.

The Introduction of annual health checks will help to address health inequalities and ensure that people in this group are able to have any health issues identified and treated as quickly as possible.



People with autism experience poorer mental and physical health and may be more likely to pass away younger than their peers without autism.

Population



The highest proportion of carers across all localities are in the

66+
age group

In P&K council, the split in registered carers is generally a third in each locality, with both the North and South having slightly higher numbers than Perth City.



Perth and Kinross

Rurality

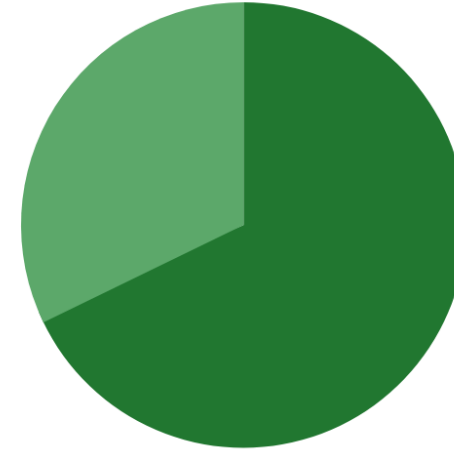
Majority of the population live predominantly in a rural area

67.8%



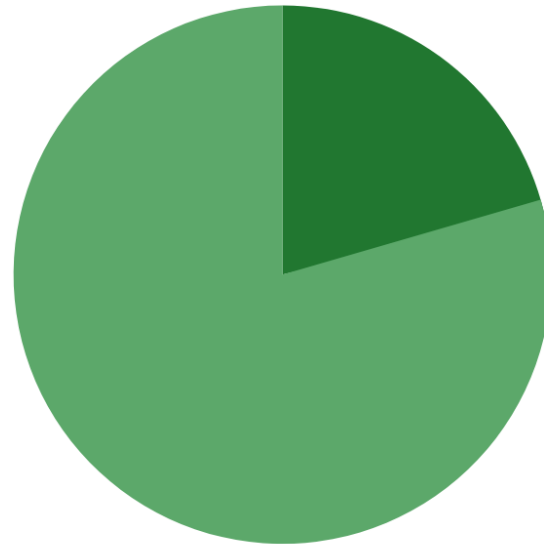
32.2%

living in urban areas



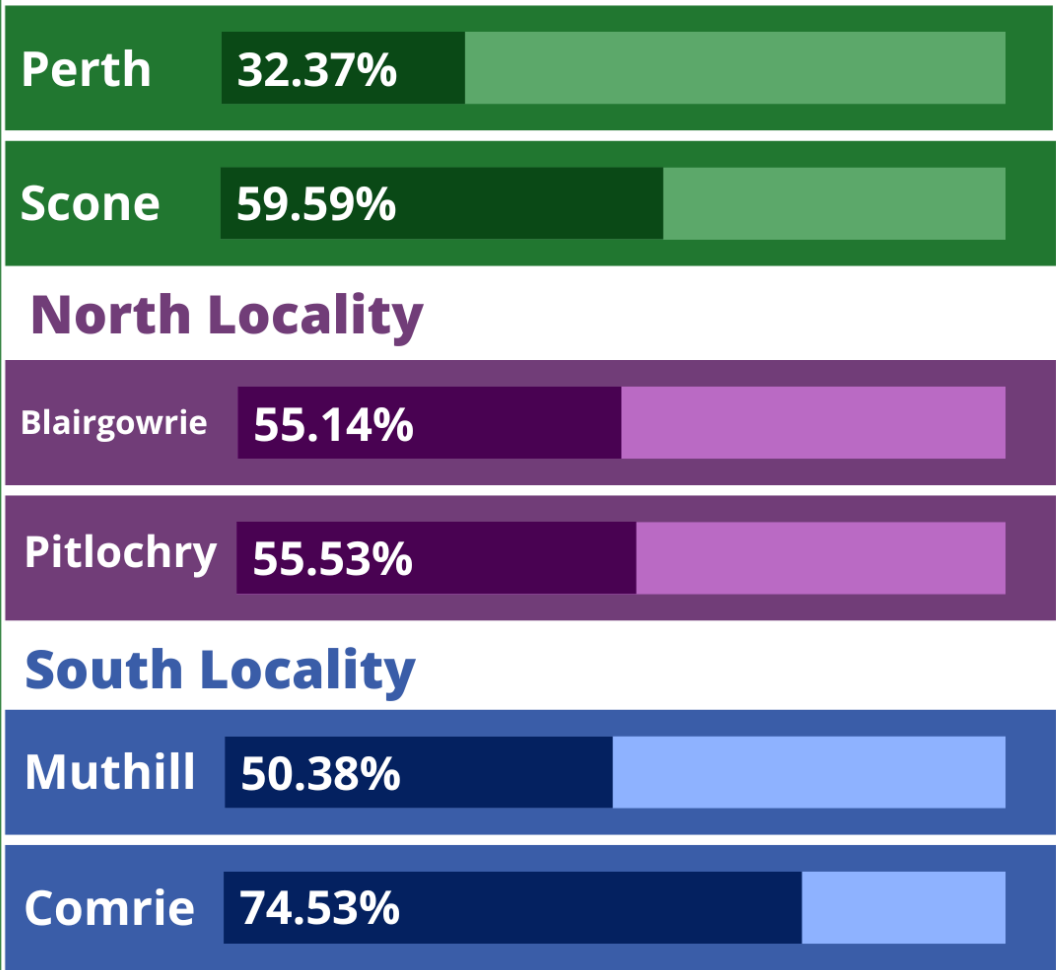
20.5%

of its population live in very small, dispersed places throughout the local authority area



This has an impact on how we can plan and deliver services across the area

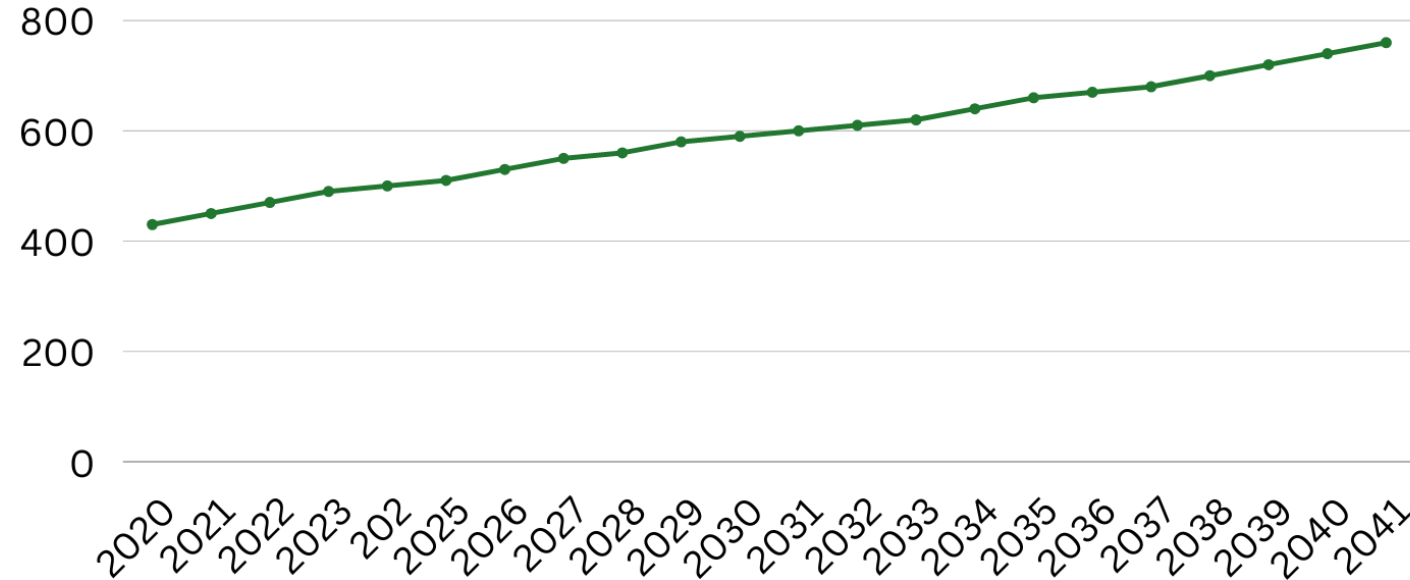
Dependency ratios (the number of people over the age of 65 per 100 people below the age of 65) are higher across the North locality followed by the South locality and with Perth City having the lowest dependency ratio.



Care Homes

Projections indicate a requirement for approximately 15 more placements year on year, with an approximate increase of 90% by the year 2041

New placement projections (excludes crisis and physical disability)

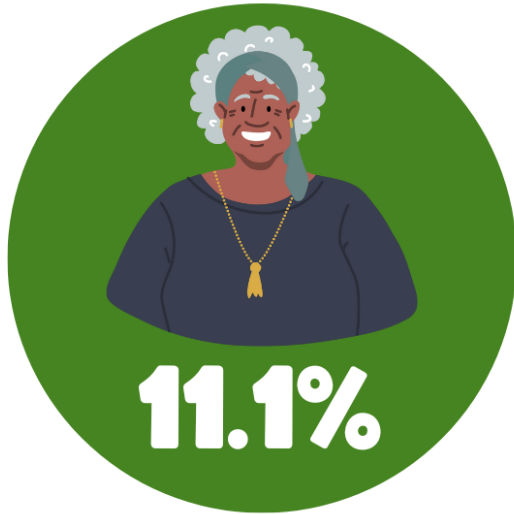


This is an issue the HSCP needs to address in order to provide sustainable, equitable access to services at the point of need and as close to people's home and communities as possible.

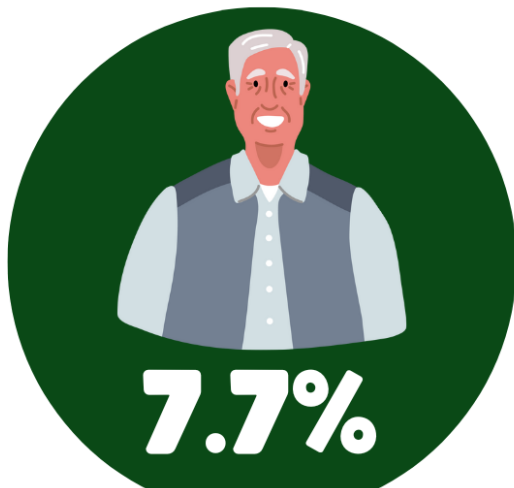


Dementia

We face greater challenges in comparison to other local authorities due to our ageing population.



In Perth and Kinross, the leading cause of death for females in 2021 was Dementia and Alzheimer's disease and was the second leading cause for males.



Projections estimate an an extra hundred cases year on year

Frailty



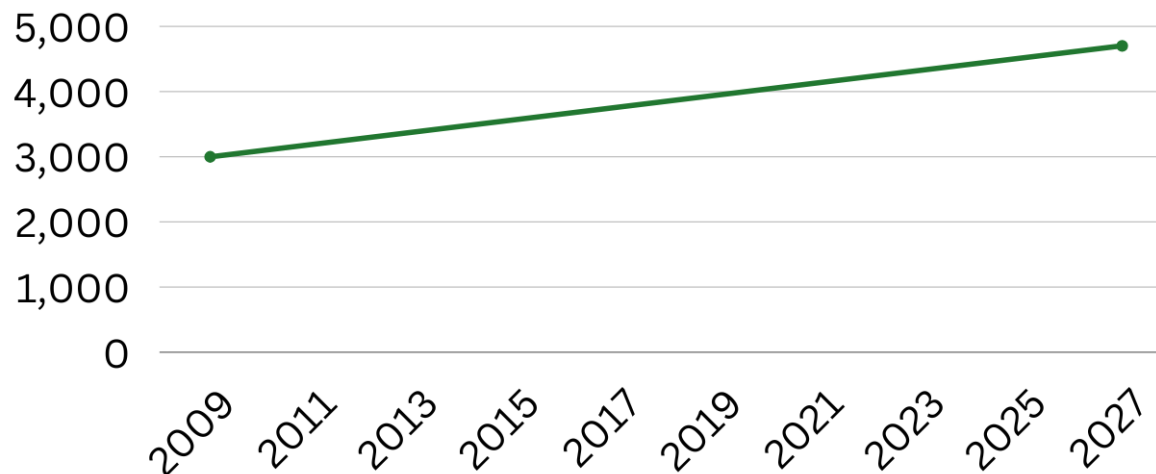
Perth and Kinross has the highest proportions of older people in our total population of any local authority in Scotland; as such, providing safe, sustainable, effective and person centred care for people living with frailty is a significant priority.

Falls are the most common reason for admission to hospital



Perth and Kinross has the highest proportions of older people in our total population of any local authority in Scotland.

Perth & Kinross moderate to severely frail population (modeled)



Deprivation

In the North and South localities, accessibility is the biggest issue with over half of the population in the top two most deprived quintiles.

North
South



When the Scottish Index of Multiple Deprivation (SIMD) is broken down by domain over of 40% of Perth and Kinross population are in the most deprived quintile for access to services.

40% of Perth and Kinross

Two thirds of the South and North populations live in the top two least deprived quintiles.



Health Inequalities

The Perth City Locality has more people suffering alcohol and drug related harms and ill health than the other PKHSCP localities and the NHS Tayside and Scottish populations as a whole.

Alcohol related hospital admissions per 100,000	North 279	South 335.4	Perth City 666.5	Scotland 621.3
Alcohol specific mortality per 100,000	10.9	12.2	20.9	20.8
Drug related hospital admissions per 100,000	60.6	91.4	329.3	221



Current services are geared towards supporting those affected by alcohol and drug use to recover and their families.

Health Inequalities

The Perth City Locality has more people suffering alcohol and drug related harms and ill health than the other PKHSCP localities and the NHS Tayside and Scottish populations as a whole.

Alcohol related hospital admissions per 100,000	Perth City 666.5	Scotland 621.3
Alcohol specific mortality per 100,000	20.9	20.8
Drug related hospital admissions per 100,000	329.3	221



Current services are geared towards supporting those affected by alcohol and drug use to recover and their families.

Hospital Admissions

Perth city locality has the highest number of unscheduled bed days. (Per 100,000)

North	South	Perth City	Scotland
68,502	69,787	76,354	71,792

The majority of the unscheduled beds are for the over 65 age group but Perth City has the lowest over 65 demographic in comparison to the North and South locality

Emergency re-admissions (28 Day) per 1,000 discharges

North	South	Perth City	Scotland
122.5	122.3	140.6	106.5

Current readmission rate (28 days) has increased across all localities within Perth and Kinross

Delayed discharges (65+) per 100,000

North	South	Perth City	Scotland
27,432	34,418	44,695	40,774

Post covid-19 there has been a significant increase in Delayed Discharge across all localities with Perth City returning to pre 2017 levels



Hospital Admissions

Perth city locality has the highest number of unscheduled bed days. (Per 100,000)

Perth City

Scotland

76,354 71,792

The majority of the unscheduled beds are for the over 65 age group but Perth City has the lowest over 65 demographic in comparison to the North and South locality

Emergency re-admissions (28 Day) per 1,000 discharges

Perth City

Scotland

140.6 106.5

Current readmission rate (28 days) has increased across all localities within Perth and Kinross

Delayed discharges (65+) per 100,000

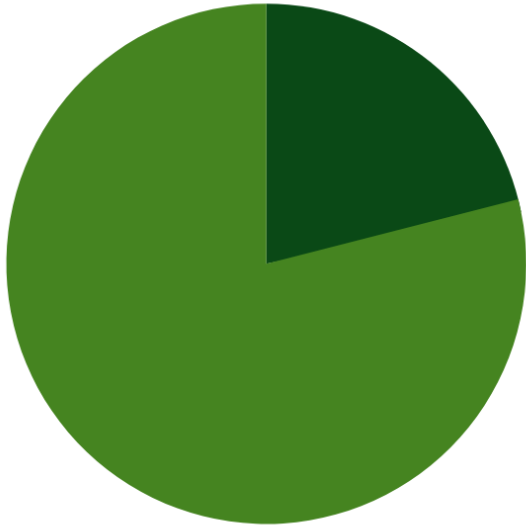
Perth City

Scotland

44,695 40,774

Post covid-19 there has been a significant increase in Delayed Discharge across all localities with Perth City returning to pre 2017 levels



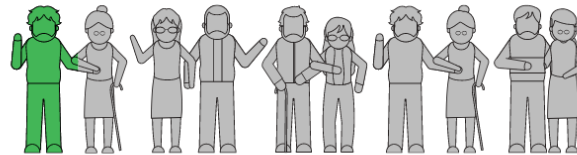


The data for those aged under 65 indicate that a small proportion of the population might benefit from early intervention support to mitigate their chances of developing additional LTCs as they age

Long Term Conditions

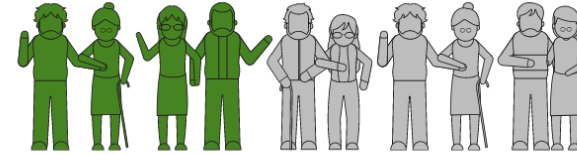
In Perth and Kinross, of the population who had contact with NHS Services had at least one physical long term condition (LTC).

Under 65 Years Old



1.1 in 10 people aged under 65 have at least 1 LTC

65 - 74 Years Old



4.1 in 10 people aged 65 to 74 have at least 1 LTC

75 - 84 Years Old



6.2 in 10 people aged 75 to 84 have at least 1 LTC

Over 75 Years Old



7.9 in 10 people aged over 85 have at least 1 LTC

Of this population group

17% of those under the age of 65 were living with more than one LTC compared to

50% of those aged over 65

Mental Health



Psychiatric patient hospitalisations per 100,000

North

212.5

South

213.9

Perth City

404.7

Scotland

242.8

Unscheduled bed days per 100,000

North

12,867

South

15,384

Perth City

32,365

Scotland

18,672

In terms of psychiatric patient hospitalisations all localities have seen a steady decline in admissions. However, a significant disparity between Perth City locality and the North and South localities.

Mental Health



Psychiatric patient hospitalisations per 100,000

Perth City

Scotland

404.7

242.8

Unscheduled bed days per 100,000

Perth City

Scotland

32,365

18,672

In terms of psychiatric patient hospitalisations all localities have seen a steady decline in admissions. However, a significant disparity between Perth City locality and the North and South localities.

The majority of people in Perth and Kinross have died in a community setting, either at home, or in a care home or hospice.

End of Life Care



A priority for the HSCP must be to ensure we have robust community provisions in place to ensure that people can plan with the certainty that support will be delivered in the setting of their choice.



Telecare

Telecare Services Association reports have indicated that on average response rates were:

73.22%
within
45 mins

87.06%
within
60 mins



The TSA has advised it is unlikely that we could consistently meet these targets due to square mileage of Perth and Kinross

This highlights the challenges for the HSCP in relation to providing a timely, equitable service to its remote and rural population

