

What is Self-directed Support?

You can now choose how your support is delivered from these four options:

Option 1: A **Direct Payment** is when you get the money and you organise the support yourself.

Option 2: An **Individual Service Fund** is when you choose and direct your support, but the Local Authority or another organisation arranges it all and handles the financial side.

Option 3: Your **Local Authority** organises your care from their staff or from their preferred providers.

Option 4: A **Combination** of any of these three options.

You are entitled to have help or support to think about your choices and to express your views if you wish.



Scottish
**Independent
Advocacy**
Alliance

The SIAA website has a section called Find an Advocate. You can use this tool to search for advocacy in your local area.

www.siaa.org.uk

Access to independent advocacy varies across Scotland. Speak to your local independent advocacy organisation to find out what support they can provide.



How can an advocate help me with
Self-directed Support?



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What is independent advocacy?

Independent advocacy is a way to help people have a stronger voice and have as much control as possible over their own lives.

An independent advocate is there just for you, to help to get the information you need to make the choices you want and to help you to have your say.

An independent advocate will not provide other support e.g. brokerage. The advocate can signpost you on to support and help you access it.

The Principles behind SDS

Participation: You should be provided with the help you need to take part in your community.

Dignity: The Local Authority must respect your dignity.

Involvement: You should be fully involved in all choices.

Informed Choice: You should receive the help and information you need to make an informed choice.

Collaboration: You and the Local Authority must work together in planning your support.

How advocacy can help on your SDS Journey

